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INCREASING DIALOGUE AROUND WOMEN'S HEALTH IS LEADING TO MORE INVESTMENT OPPORTUNITIES



The Women's Health Market Is Large And Growing Rapidly

\$4.1B

2024 Market Size for Women's Health

+\$812M

Estimated Increase from 2023 to 2027

+4.8%

Estimated Growth for 2024

+4.9%

Estimated CAGR from 2023-2027

Women Want Natural Solutions And Hormonal Concerns To Be Addressed

4/5

women in the U.S. experience hormonal imbalances

79%

of women say that preventative health is important to them 69%

of women say they are more likely to take a supplement designed for the female body

Attractive Category with Increasing Investments by Venture Capital / Private Equity

\$2.2B

funding received by women's health newcomers in the last 4 years

3.0-3.5x

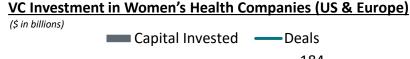
average ROI for investment in women's health

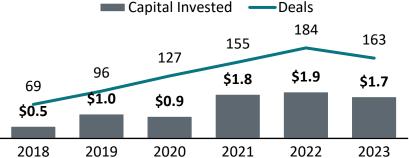
1.6x

more health spending than men (on average) in 20s, 30s and 40s

314%

increase in women's health VC investment 2018-2023





Women's health is one of the top 3 priority areas for M&A in the VMS space currently

Source: NBJ Summit Data and Presentation: Baird Research.

INCREASING DIALOGUE AROUND WOMEN'S HEALTH IS LEADING TO MORE INVESTMENT OPPORTUNITIES (CONT'D)



Menopause is a Primary Area of Focus Within Women's Health

By 2025 there will be **1.1B** women in menopause globally

Only **54%** of women can **correctly identify menopause**

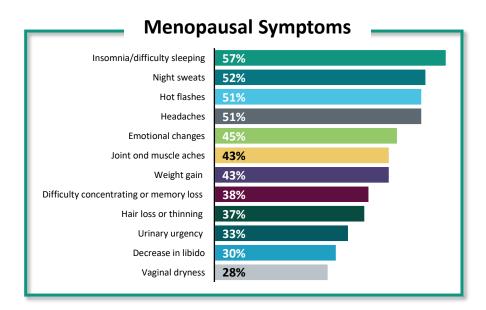
Every day in the U.S., **6,000** women enter menopause, which is **1.3M** women per year

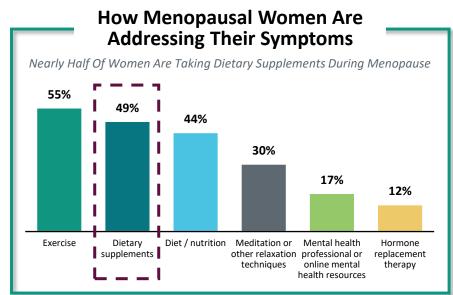
75% of menopausal women go untreated by traditional medical care

Only **20%** of OB/GYN residencies offer menopause training

Women are spending \$2-3K

a year out of pocket seeking solutions





SCIENCE AND INNOVATION ARE DRIVING THE BOOMING WOMEN'S HEALTH MARKET



Evaluating Science

 More categories are shifting towards incorporating science and a medical thesis to support messaging across products offered

Research On Women

- Historically, research was conducted only on men for products meant for both men and women
- Women are more likely to use products designed exclusively for them

Collaboration and Partnership

 The future of the VMS and wellness industry depends on partnership and collaboration among manufacturers, social media platforms, scientists and retailers to promote accurate messaging to consumers

Integrating Knowledge

It is important to educate customers on why they should love their products and what products should be used — social media is the best platform these days

Personalization & Customization • Leverage data to inform what the biggest needs are and how to communicate these stories to customers • There is no one size fits all solution



LATEST TRENDS IN WEIGHT LOSS CATEGORY INTRODUCE A NEW AND GROWING CONSUMER BASE



Large Market Size with Robust Growth

\$7.2B

2024 Market Size of Weight Management

+\$1.9B

Estimated Increase from 2023 to 2027

+6.3%

Estimated CAGR for 2023-2027

Key Ingredients in 2024

Meal Replacements 71.1% / 5.3%

Market Share / Growth

Combo Herbs **5.5% / 23.4%**

Market Share / Growth

What Do Customers Care About?

Stress & Anxiety Management

Maintain Quality of Sleep

Amount / Speed of Weight Loss

Key Trends / Issues to Know

Rising trend for individuals seeking weight loss to be on **GLP-1 drugs to** reduce food intake – which could lead to inadequate nutrition

Additional concerns around GLP-1 include – what happens to muscle wasting, GI disruptions, delayed gastric nausea, etc.

As businesses continue to expand in this market, there is a crucial opportunity to **educate the consumers**

Noteworthy Market Leaders to Watch







Accelerated Growth in Weight Loss Category

(\$ in millions)

Weight Management Climbs Back to Pre-Pandemic Growth Levels Fueled by Meal Supplements and Probiotics



Source: NBJ Summit Data and Presentation; Baird Research.

RISING DEMAND FROM GEN Z AND MILLENNIALS DRIVES GROWTH



Gen Z Has The Highest Level Of Trust In Supplements

- The supplements market is highly dynamic with considerable variation when data is segmented by generations
- Despite these fluctuations, the fundamental driver that consistently influences consumer behavior across all demographics is trust
- Younger consumers tend to be more trusting of supplements it's crucial to reach them through right delivery formats and channels to capitalize on this trust

Gen 7

■ Gen Z and Millennials show a clear preference for gummies, more so than any other generation, indicating where the market is heading — it's crucial for businesses to prioritize product formats that resonate with their consumers

27%

of Gen Z Increased Trust in Supplements YoY 56%

of Gen Z Started Using Supplements in the Last 2 Years

Other Key Trends

- An increasing number of younger consumers are adopting products aimed at mood enhancement and mental health, addressing stress in particular
- Products offered in more engaging and unique formats such as mushroom gummies are anticipated to invigorate the category
- Younger consumers prefer information in bite-sized formats, making it important for businesses to adapt their communication strategies to align with this preference
- Social media platforms are particularly effective in delivering concise, engaging content that resonates with this demographic

Supplement Preference by Generation

38% of Gen Z Prefers Gummies, Highest of Any Generation

■ Gummy ■ Tablet ■ Capsule



Gen X

Millenial

Source: NBJ Summit Data and Presentation; Baird Research.

Boomers

E-COMMERCE CONTINUES TO BE THE STRONGEST GROWING CHANNEL IN 2024



Amazon Is A Dominant E-tailer That Is Incubating And Scaling Brands

~80%

Market Share in the E-commerce Channel

~\$11B

Estimated Sales for the Latest TTM Period – Up 20%+ YoY

~\$1 in \$5

Spent on Supplements via Amazon

Amazon's Updated Policy For Dietary Supplements

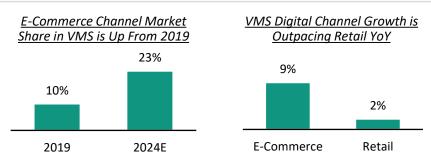
- **1** Manufacturing facilities are compliant with good practices
- Products do not contain contaminants that may pose a human health or regulatory concern
- Products contain the ingredients claimed on the product label
- 4 Products do not contain active pharmaceutical ingredients

Expect More Digital Brand Activity

Brands are effectively and rapidly scaling online – reaching \$100+ million in sales without ever entering brick-and-mortar retail

Digital revenue is a **different quality of revenue** and is looked at differently by acquirers because of loyalty, repeat purchases and subscriptions

The Importance Of E-commerce for VMS



<u>Covid Disrupted Consumer Buying Habits – Transformation into</u> <u>E-Commerce with Stabilizing Forward Growth</u>



Source: NBJ Summit Data and Presentation; Baird Research.

BAIRD'S DIFFERENTIATED APPROACH TO BEAUTY & WELLNESS



We wanted give you a glimpse of what we learned and we're happy to continue the conversation. Feel free to contact a member of our team to discuss further



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Dedicated senior team covering multiple sectors, from branded products to services and contract manufacturing



Unmatched reputation for **thought leadership** in the category



Track record of positioning businesses focused on the female consumer, with a deep understanding of business models



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Active dialogue across the spectrum of Beauty & Wellness brands – from early-stage brands to the large beauty consolidators



Longstanding relationships with the strategic and financial buyer universe with unmatched access and active dialogue



High-touch, world-class process execution

Companies We've Worked With:













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